

# BETTER SEX GUIDE

## YES, NO, MAYBE SEX LIST

Circle YES's, cross out NO's and put a question mark next to your MAYBE's.  
Discuss some or all choices with your partner or simply use as a good-to-know list for yourself.

Anal sex  
Anal stimulation  
Asphyxiation  
Barebacking  
Biting  
Blended orgasms  
Blindfolds  
Blowing air in ear  
Body massage  
Bondage  
Caressing  
Clitoral stimulation  
Compliments  
Cross-dressing  
Cuddling  
Cumming on someone  
Deep breathing together  
Domination  
Edging  
Eye contact  
Face sitting  
Fingering  
Fisting  
Food play  
Foot massage

Footsies  
G-spot stimulation  
Genital massage  
Hair pulling  
Hand job  
Handcuffs  
Hot wax  
Kissing neck  
Licking  
Making out  
Massaging inner thighs  
Masturbating together  
Multiple orgasms  
Mutual masturbating  
Not using condoms  
Oral sex  
Orgasm  
Pecking  
Penetrative sex  
Phone sex  
Post-sex shower together  
Pre-sex bath together  
Prostate stimulation  
Raking  
Reading erotica together

Role play  
Sex board games  
Sex when menstruating  
Slow sex  
Spooning  
STI testing  
Submission  
Sucking nipples  
Swallowing ejaculate  
Talking dirty  
Tantra sex  
Testicular massage  
Twisting nipples  
Using sex toys  
Using an arousal oil  
Using condoms  
Using lubricant  
Wearing lingerie

Create your own:

---



---



---